



Marriage and Family Counseling Service

1800 - 3rd Avenue, Suite 512 • Rock Island, IL 61201 - 8000 • Telephone (309) 786 - 4491
Fax (309) 786-0205 • E-mail: marfamcslg@aol.com • www.mfcsqc.org

A United Way Partner

Join us for a

Pre-Introductory Workshop on Bodydynamics

September 7th, 2017 • 6:30 pm through 8:30 pm

at

Marriage and Family Counseling

Presenter

Betsy Zmuda-Swanson, LCSW, LISW, SEP

Sponsored by Marriage and Family Counseling

Pre-register by calling 309-786-4491.

Fee: \$20 - Includes 2 hours of CEU's for LMFT, LCSW, and LCPC.

Attend this training to get an idea of what Bodydynamics is. "Bodydynamic training teaches therapists to use the body to aid verbal psychotherapy. This somatic developmental therapy is based on many years of empirical research. It enables the use of specific muscles to build or release the abilities needed to resolve a psychological issue being worked with. Emphasis is also placed on building a therapeutic relationship, and resolving issues in the developmental context in which they first arose."

Bodydynamics, also known in the USA, as Healing Developmental Disruptions, is a comprehensive body psychotherapy. You can learn more by visiting our website, www.Bodydynamicusa.com